



WWW.STEP1.AC

# International guidance in education and career development for students

Professionals in supporting students to become aware of future opportunities

Experts in analysing learning and study styles

Builders of motivation and confidence

Partners of the guidance department

Empowering young people to succeed

# Working in partnership with Step One

## A message for schools

Step One's holistic approach uniquely empowers young people to succeed. We ensure that all our programmes are of the highest possible standards, easy to use and superior in helping students to develop life skills over a period of 3 to 4 years. Together with the substantial support that Step One offers to a school's guidance department, our services strongly contribute to the success of all.

Every school may make its own selection of programmes and can decide on how they would like to work in partnership with the Step One consultants. All information that is not confidential is shared with the school staff.

A vital component of Step One's approach is the interview with students and their parent(s). It provides impartial and objective guidance and advice and therefore has a great impact on a student's thinking and planning for his or her future.

A school may also decide to incorporate the information from Step One's reports into its own guidance programme. Therefore we provide training sessions within the school.

A school may encourage parents to invest in our services themselves or to make it part of the school tuition. If a student would like to have a subsequent meeting with the Step One consultant this can be arranged. Students may contact us until 5 years after initially completing our programmes.

For schools using Naviance or any other electronic storage programme, it is important to note that the students' reports can be integrated within such sites.

Please, visit our website for samples of the reports or contact us for more information and prices.

## A message for parents

Step One works closely together with parents in order to help their son or daughter to take the right decision on his or her future educational and career choices.

Our services aim to make students aware of their strengths, interests and personality, to become more engaged in their schoolwork, to encourage them to challenge themselves and to improve their motivation.

A small investment in our programmes today may avert a substantial loss in the future, both financial and psychological.

## A message for students

Step One has helped thousands of students identifying what they would like to achieve in life. We are experienced in matching personal preferences with a range of realistic educational and future career options. We can make you aware of career paths you might not have otherwise considered.

Our services will help you to gain confidence and self esteem in order to become successful in study and life and perhaps even to realise your dreams.

## Portalio - academic portfolio management

Having all academic information stored on a personal website is of invaluable importance to everyone.

Portalio is an interactive on line facility for students and school staff to manage all aspects of academic progress and preparation for post school aspirations.

It enables students from grade 10 or year 11 through to graduating from school to store and reflect on their internal tests, SATs, final examinations, Step One reports, essays, projects and report cards.

It provides the facility for students to prepare their transcripts and personal statements for college or university admission. The school staff can view the students' site to help them stay on track with their projects and applications and in meeting the deadlines. The programme also includes an electronic message board.

## Some comments from students



I had no idea what I wanted to do as a career. It could be doctor or hotel manager. That is why I registered for InterQuest. The interview has helped me a lot because the counsellor showed me my strengths and made me aware of what I really would enjoy. We had plenty of time to discuss different career options. I never thought it would be so helpful.

*Gaby*



I completed InterQuest because I want to know my potential before I decide on my future. The report made this very clear to me. Now I know what my strengths are and what type of university courses to look into.

*Irving*



It always took me a very long time to finish my homework and I still did not get very high grades. Then I completed Prospero. The report suggested using markers and explaining new concepts to myself rather than trying to memorise the words. This helped me a lot and now I have much more free time.

*Eveline*



I know that I want to do something with music but a career in this field is quite risky. I decided to sign up for InterQuest to get some other ideas. The report showed me many options and we worked out how I will be able to combine my passion for music with my academic abilities.

*Mina*

## Some comments from parents



"I would highly recommend InterQuest for every student. University is a huge commitment of both time and money, and it is advantageous to start down the right path initially rather than change later. The feedback interviewer was experienced and knowledgeable"

*Janet from TASIS Lugano*

"I recommend your services to all aspiring "high school" students and thank the Principal, by copy, for bringing you on campus. I would hope that future years will allow for greater numbers of our students to benefit from the insights Step One offers." Parent in Rome

## Some comments from schools

"I have seen parents come to the school because of the Step One programme, who I have never seen before. This indicates how important they regard career guidance." *Director American School of Warsaw*

"So far InterQuest has been great and the students have really taken to the booklets and their results. For those students who were unsure about what to take for their IB diploma, it is amazing to watch them make logical compromises and decisions. For those who already have a clear idea about their future, InterQuest has been the final piece to the puzzle." *Counsellor in Hong Kong*

"There seems to be a general feeling that the Year 11 students are much more settled in their IB Diploma course selections this year and I just attribute that to them completing InterQuest last October!" *Headmaster in South East Asia*

"The Step One programme has always been thought of very highly at this school. Now that all results are available in electronic format, the programme will prove of enormous benefit for all our college counsellors and teaching staff to really support students." *Counsellor International School Brussels*

# About Step One

Step One was established in 1999 and has offices in Winchester (UK) and Brussels. It is now working across the globe experiencing a growth rate of 25% each year. All our associates are well qualified and experienced in working with students growing up in the international community. They have different nationalities and are living in various places around the world.

Step One is a member of ECIS, HMC, NABSS, SGIS, BSME, BISW, COBIS, FOBIS SEA, EARCOS, OACAC and NACAC.

Step One has been involved in psychometrics, multiple intelligence and neuro-linguistic programming since its inception, developing packages specifically designed for the international and independent communities. Some of its test components have been translated into 14 languages including Japanese, Chinese, Korean and Arabic.

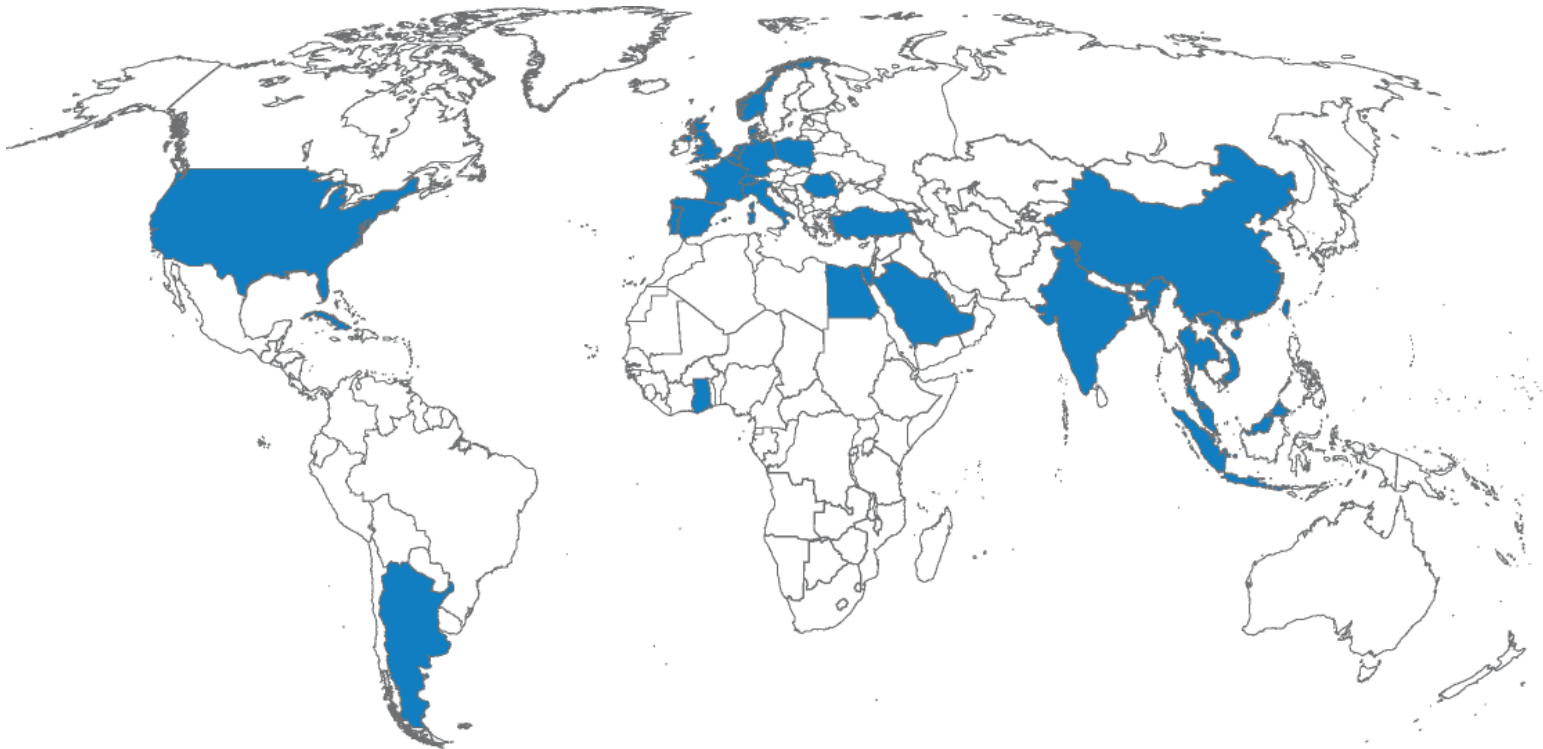
It is because of the ease of use of the programmes, quality of presentation, emphasis on professional soundness with unrivalled validity and reliability that Step One has become the benchmark in educational guidance and career development.

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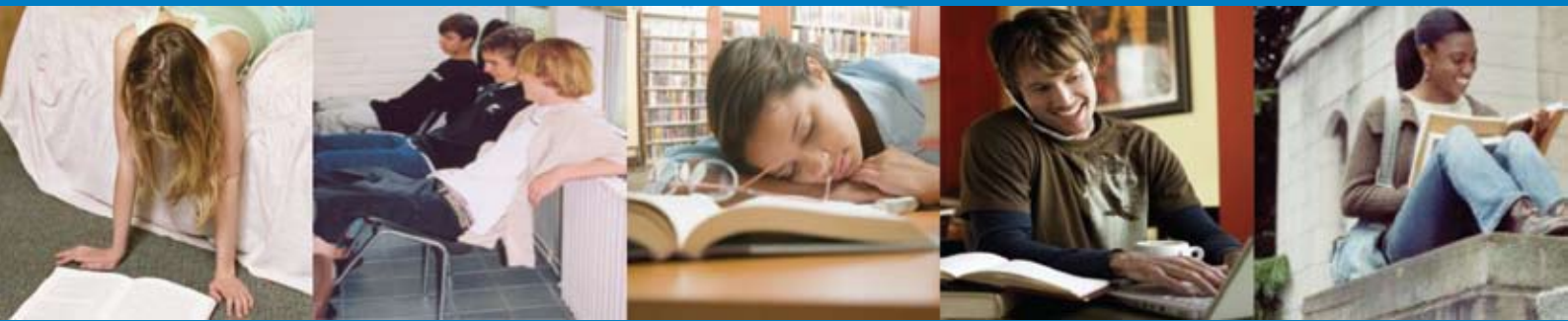
## Prospero - learning and study styles

*Students who do not use adequate learning and study methods have more difficulties reaching their goals, in spite of their academic potential*

Prospero is an online survey designed to help students identify their personal learning and study styles in order to increase grades and to meet their academic potential. The report includes many ideas to study more effectively and with a higher efficiency.

A student with proper study skills brings peace of mind to everyone.

GRADE 9 AND 10  
YEAR 10 AND 11



## Pioneer - interest questionnaire

*Selecting subjects for your IGCSE's can already affect your future university course choices*

Students who do not know which IGCSE's to select to support potential future choices can undertake this interest questionnaire online as of 2009. The results will give them direction with respect to future interests.

Students who are aware of their interests will not close any doors too early.

YEAR 9

## InterQuest/EuroQuest - psychometric testing

*Students who have a greater sense of direction are more determined to do well in school*

Step One, in association with Cambridge Occupational Analysts, has devised a highly validated psychometric assessment. Simple to use, yet outstandingly informative and reliable, this programme is an excellent tool for students who are in the process of making well-considered subject choices with respect to their future.

InterQuest and its European version EuroQuest clearly identify students' academic strengths and potential and increase their awareness of a range of different college or university approaches and various vocational paths.

The report will encourage students to challenge themselves, to identify targets and to make an action plan in order to become successful at school and in life.

In addition, the test will give insights in students' test techniques and important personal preferences.

Confidence in a realistic future is a reassurance for everybody



## MindWise - emotional intelligence

*Students who experience emotional difficulties perform less well than students who have a good level of emotional intelligence*

Many people with high ability and aptitude levels sometimes do not perform as well as they could, due to an aspect of their personal attitude or emotional intelligence.

MindWise is an online survey that will help students to understand themselves and to work on areas that require attention in order to cope better with life in general.

Students with a good level of emotional intelligence are more receptive to learn

## Centigrade - interest questionnaire

*Students who know where they want to go after school can start preparing themselves for their next step at an early stage*

Centigrade is an online interest questionnaire that narrows down students' educational options after they graduate from school. It has been devised by Cambridge Occupational Analysts.

The report will analyze the students' occupational interests and shows a whole range of UK universities that would suit him or her.

A proper university match relieves everybody's stress

GRADE 11  
YEAR 12



## Time Out - structured gap experiences

*Students who structure their gap year will get the most out of it*

Time Out is an online questionnaire that will make students aware of personal skills that they could develop during a year off.

The report will suggest many activities that the student could undertake and more than 100 websites of organisations.

A sound plan for a gap year is a relief for all

GRADE 12  
YEAR 13

## En Route - university planner

*Students who are aware of what will be important for them when they select their college or university will make well-considered choices*

With a simple password, students can download En Route from our website. It will help them to identify and combine abilities, skills and personal preferences to find a college or university that matches their expectations.

A university that matches one's needs makes all the difference



## Spotlight - matching career options with personality

*Identifying strengths, work environment, motivators and stressors is invaluable when deciding on career choices*

Towards the end of school, a student's personality will appear even more clearly because in general the influence of other people will have less impact.

Many people have no idea what kind of career would suit them and therefore they want to have a better insight in themselves before making important decisions.

This colour-profiling questionnaire will explain what kind of work would inspire them. Spotlight further reveals how somebody would function in a work environment and fit in a team.

People whose personality matches their job, experience substantial satisfaction